

BASIC COUNSELLING SKILLS



An experiential learning course in the application of counselling skills and development and professional expertise

CERTIFICATION IN APPLIED BASIC COUNSELLING SKILLS

2nd Fridays and Saturdays of
the month for 10 months
starting from June 7th, 2019.



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COURSE HIGHLIGHTS

- Learn through experiential exercises, core reading, group discussions and written tasks
- Course Duration 10 months (120 hours) held on the 2nd Fridays and Saturdays of the month
- Certificate from Asha is awarded to trainees on successful completion

WHO CAN ATTEND?

- Mental health service providers such as psychologists, counsellors, rehabilitation workers
- Educators such as teachers, lecturers, professors
- Industry HR professionals, Lawyers

WHAT WILL YOU GAIN?

- Improved Self Awareness
- Improved communication and counselling skills
- Refinement in social and working relationships
- Origin and application of various counselling methodologies